TMJ Issues

Patient Name _	
	Date / / / / / / / / / / / / / / / / / / /

TMJ disorders cause tenderness and pain in the temporomandibular joint (TMJ) — the joint on each side of your head in front of your ears, where your lower jawbone meets your skull. This joint allows you to talk, chew and yawn.

TMJ disorders can be caused by many different types of problems — including arthritis, jaw injury, or muscle fatigue from clenching or grinding your teeth.

In most cases, the pain and discomfort associated with TMJ disorders can be alleviated with self-managed care or nonsurgical treatments. Severe TMJ disorders may need to be treated with dental or surgical interventions.

TMJ Information (please supply the following information, if applicable)

Referring Physician			Phone					
	Y / N	D 111 11 1 2	Y/N	Y / N	1			
Do you have headaches?		Does it hurt to chew?		Teeth grinding/clenching?	╛			
Neck pain?		Hurt to open mouth wide?		day 🔙 night 🗌				
Jaw pain?		Jaw clicking or popping?		Problems with ears?				
Ear/face pain?		Jaw grinding?		Difficult/painful to swallow?				
left side right side	both	Jaw locking?		Teeth sore/sensitive?				
Please describe the problem in your own words								



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